



What to Expect During Your ABA Assessment

A family-friendly guide to what happens before ABA services begin.

The assessment is how we learn about your child as a whole person - strengths, communication, daily routines, challenges, interests, safety needs, and the goals that matter to your family.

1

Getting Started

You complete the intake information and provide available diagnostic, insurance, school, and previous treatment documents.

2

Benefits & Eligibility

Our team reviews the information needed for your payer and determines what is required before assessment and treatment authorization.

3

Caregiver Interview

A BCBA talks with you about your child's strengths, communication, routines, preferences, behavior concerns, safety, previous services, and your priorities for treatment.

4

Observation & Assessment

The BCBA observes and interacts with your child and may assess communication, learning readiness, social skills, adaptive skills, play, behavior, and other areas relevant to treatment.

5

Individualized Recommendations

Assessment information is used to identify meaningful treatment priorities. Recommendations should reflect your child's needs rather than a one-size-fits-all program.

6

Treatment Plan

The BCBA develops measurable goals, behavior-support recommendations when needed, caregiver goals, and a recommended service level based on clinical need.

7

Authorization

When insurance or Medicaid authorization is required, the treatment plan and supporting information are submitted for review.

8

Services Begin

After required approvals and scheduling are in place, your clinical team begins services and continues to review progress and adjust treatment as needed.

HOW YOU CAN PREPARE

- ☐ Think about the top concerns you want the BCBA to understand.
- ☐ Write down skills you would most like your child to gain over the next 6-12 months.
- ☐ Have a list of current medications, allergies, medical concerns, and safety risks.

- ☐ Bring or upload available IEPs, evaluations, diagnostic reports, and previous ABA records.
- ☐ Be ready to share what your child enjoys - favorite toys, activities, foods, interests, and effective rewards.

There are no 'perfect' answers during an assessment. The goal is to understand what daily life looks like for your child and family so treatment can be individualized.